

Poorna Khumbha

Dear Chinmaya Mission Members/Parents

HARI OM!

As a bhiksha coordinator - I thought I should explain what one has to do when one offers BHIKSHA to Br. Girishji.

If you do Bhiksha at your home, then you can have your friends & family join and have Satsang with Br. Girishji.

Points to remember when doing Bhiksha at home:

Have a POORNA KHUMBHA ready at the entrance of your home to welcome Br. Girishji.

This means have steel, silver, or a copper plate with some rice, and on it place a KALASH half filled with water in it. Place a coconut or a fruit on the Kalash. Decorate this plate and kalasha with flowers, haldi, and kumkum. Have a deepa/diya on a smaller plate. Show the decorated Kalasha and deepa as a sign of respect as you welcome chanting first 3 verses and 2nd last verse of the SRI GURUSTOTRAM. (You can find the verses in the Chinmaya bala vihar prayer book).

After welcoming, have satsang with family/friends while you warm up food.

Have dinner with Girishji. It is perfectly ok for everyone to eat together with him.

After dinner, as time allows, continue satsang followed by DAKSHINA which can be check or cash along with some fruits on the plate. (Suggested amount for Dakshina is \$101.00). Dakshina is offered first time when Bhiksha is done at your home, and subsequently as per one wishes. If Girishji drives to your home please offer at least \$21.00 for gas/car maintenance. While offering the DAKSHINA - remember to do namaskara with your family members and take the blessings. He will distribute these fruits as prasad to all present and bless them too.

- Doing BHIKSHA is our way to say thanks for the spiritual knowledge we gain from Br. Girishji.
- Doing BHIKSHA gives us the opportunity to spend quality time with Br. Girishji.
- Doing BHIKSHA for Swamijis and Brhamacharijis is doing ANNA-DAN or OFFERING FOOD.

If you have any questions or concerns, please do not hesitate to contact me at 512-291-6134

bhiksha.schedule@gmail.com

Thank you,

Hari OM

Charu Mahajan