## **Invocation - Opening Stotra**

1.ॐ सह नाववतु ।om saha nāvavatu ।सह नोभुनक्तु ।saha nau-bhunaktu ।सह वीर्यं करवावहै ।saha vīryam karavāvahai ।

तेजस्विनावधीतमस्तु । tejas-vinā-vadhī-tamastu ।

मा विद्विषावहै। mā vidviṣā-vahai।

ॐ शान्तिः शान्तिः शान्तिः ॥ om śāntih śāntih il

May the Absolute Lord protect us both (the teacher and the taught). May we enjoy (the teaching) together. May we gain strength together. May the study be illuminating. May we not misunderstand each other. Om Peace! Peace!

2. वक्र-तुण्ड महाकाय vakra-tuṇḍa mahākāya सूर्यकोटि समप्रभ। sūrya-koṭi samaprabha | निर्विघ्नं कुरु मे देव nirvighnaṁ kuru me deva शुभ कार्येषु सर्वदा॥ śubha kāryeṣu sarvadā ||

O divine Lord Ganesha, of huge bosom with crooked trunk, who shines like crores of suns! Ever remove all obstacles in all my noble deeds.

3. सरस्वित नमस्तुभ्यं sarasvati namastubhyam वरदे कामरूपिणि । varade kāma-rūpiņi । faद्यारम्भं करिष्यामि vidyārambham kariṣyāmi सिद्धिभवतु मे सदा ॥ siddhir-bhavatu me sadā ॥

O Goddess Saraswati of enchanting form, I humbly bow to thee. Always let there be good accomplishment in my pursuit of learning.

4. **ब्रह्मानन्दं परमसुखदं केवलं ज्ञानमू**र्तिं brahmānandam paramasukhadam kevalam

jñānamūrtim

द्वन्द्वातीतं गगनसदृशं तत्त्वमस्यादिलक्ष्यम् । dvandvātītam gaganasadṛśam

tattvamasyādilakṣyam |

एकं नित्यं विमलमचलं सर्वधीसाक्षिभूतं ekam nityam vimalamacalam

sarvadhīsākṣibhūtam

भावातीतं त्रिगुणरहितं सद्ग्रं तं नमामि bhāvātītam triguṇarahitam sadgurum tam

namāmi || 15 ||

॥ १५॥

I adore the sadguru, the bestower of supreme happiness, the bliss of Brahman, who is Knowledge Absolute, the one without a second, who is beyond the pairs of opposites, expansive and pervasive like the sky, the goal indicated by the Mahavakya Tat tvam asi, the one eternal, pure, unchanging, the witness of all functions of the intellect, who is above all bhava-s (mental conditions) and the three guna-s (Sattva, Rajas and Tamas).

मूकं करोति वाचालं
 पङ्गं लङ्घयते गिरिम्।
 यत्कृपा तमहं वन्दे
 परमानन्दमाधवम्॥

mūkam karoti vācālam paṅgum laṅghayate girim | yatkṛpā tam-aham vande param-ānanda-mādhavam ||

I worship Lord Narayana, the divine, blissful Lord of Mother Lakshmi, by whose grace a lame turns capable of climbing a mountain and a dumb becomes an eloquent speaker.

6. मङ्गलं भगवान् विष्णुः मङ्गलं गरुडध्वजः। मङ्गलं पुण्डरीकाक्षो मङ्गलायतनो हरिः॥

maṅgalaṁ bhagavān viṣṇuḥ maṅgalaṁ garuḍa-dhvajaḥ l maṅgalaṁ puṇḍarīkākṣo maṅgalāyatano hariḥ l

Auspiciousness be to Lord Vishnu. Auspiciousness be to the master of the mighty bird Garuda. Auspiciousness be to that Lord Hari with the lotus eyes and auspicious bosom.

7. सर्व मङ्गल माङ्गल्ये शिवे सर्वार्थसाधिके। शरण्ये त्र्यम्बके गौरि नारायणि नमोऽस्त्र ते॥

sarva mangala māngalye śive sarvārtha-sādhike | śaraṇye tryambake gauri nārāyaṇi namo'stu te || I prostrate to the Goddess Narayani, who is the best among divine, accomplisher of all; divine resort and three-eyed Goddess Gauri.

शिवं शिवकरं शान्तं
 शिवात्मानं शिवोत्तमम्।
 शिवमार्गं प्रणेतारं
 प्रणतोस्मि सदाशिवम्॥

śivam śivakaram śāntam śivātmānam śivottamam | śivamārga praņetāram praṇatosmi sadāśivam ||

I always satute Lord Shiva, the auspicious one who causes auspiciousness, Peaceful, the auspicious Self, Supremely Pure and who leads the way to Shiva.

 कायेन वाचा मनसेन्द्रियैर्वा बुद्धचात्मना वा प्रकृतेर्स्वभावात्।

kāyena vācā manasendriyairvā buddhy-ātmanā vā prakṛter-svabhāvāt |

### करोमि यद्यत् सकलं परस्मे नारायणायेति समर्पयामि॥

karomi yadyat sakalam parasmai nārāyaṇāyeti samarpayāmi ||

Due to my nature whatever I do, through the body, speech, mind, sense organs, intellect and the self, let all be offered to that Supreme Lord Narayana.

10. कर-चरण-कृतं वाक्कायजं कर्मजं वा

kara-caraṇa-kṛtaṁ vāk-kāyajaṁ

karmajam vā

श्रवण-नयनजं वा मानसं वाऽपराधम्।

śravaṇa-nayana-jam vā mānasam

vā'parādham |

विहितमविहितं वा सर्वमेतत्क्षमस्व

vihitam-avihitam vā sarvam-etat

kṣamasva

शिव शिव करुणाब्धे श्री महादेव शम्भो

śiva śiva karuṇābdhe śrī mahādeva

śambho |

Sins committed in action - with the hand and feet, or by speech, or by the body, or by the ears and eyes, or those done in thought - forgive all these sins whether of commission or omission. Glory be to You, the Ocean of Mercy! Glory be to You, O Mahadeva, O Shambhu!

Work without faith and prayer is like an artificial flower without fragrance
- Swami Chinmayananda

A-5

## **Closing Stotra**

 ॐ पूर्णमदः पूर्णिमदं पूर्णात् पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवाविशष्यते ॥

om pūrṇam-adaḥ pūrṇam-idam pūrṇāt pūrṇam-udacyate | pūrṇasya pūrṇam-ādāya pūrṇam-evāvaśiṣyate ||

That Brahman is full, complete. This apparent creation is full, complete. From Brahman this creation has come about. Even though the creation has emerged from the Brahman, the Brahman remains ever complete.

ॐ सर्वे भवन्तुः सुखिनः।
 सर्वे सन्तु निरामयाः॥
 सर्वे भद्राणि पश्यन्तु।
 मा कश्चित् दुःखभाक् भवेत्॥

om sarve bhavantuḥ sukhinaḥ |
sarve santu nirāmayāḥ ||
sarve bhadrāṇi paśyantu |
mā kaścit duhkhabhāk bhavet ||

May all be happy, may all be healthy, may all enjoy prosperity, may none suffer.

ॐ असतो मा सद्गमय।
 तमसो मा ज्योतिर्गमय।
 मृत्योर्माऽमृतं गमय।

ॐ शान्तिः। शान्तिः। शान्तिः॥

om asato mā sadgamaya | tamaso mā jyotir-gamaya | mṛtyor-mā'mṛtaṁ gamaya | om śāntiḥ | śāntiḥ | śāntiḥ ||

Lead me from the apparent to the real, from darkness to light and from death to immortality. May there be peace on earth from all of the metaphysical extreme dynamics, may there be peace among all living beings, may there be peace within all living beings.

हरिः ॐ श्रीगुरुभ्यो नमः हरिः ॐ

hariḥ om śrīgurubhyo namaḥ hariḥ om

Know what to Do. And do it Yourself.

Swami Chinmayananda

## श्री चिन्मय आरती

## śrī cinmaya āratī

 आरती श्री चिन्मय सद्गुरु की दिव्य रूप मूरति करुणा की। आरती सदुगुरु की॥१॥

āratī śrī cinmaya sadguru kī divya rūpa mūrati karuņā kī | āratī sadguru kī || 1 ||

This Aarati is for Sadguru Chinmaya who is the embodiment of divine compassion.

2. चरणों मे उनके शान्ति समाये शरणागत की भ्रान्ति मिटाये पाप ताप सन्ताप हरण की आरती श्री चिन्मय सद्गुरु की आरती सद्गुरु की ॥ २ ॥

caraṇom me unake śānti samāye śaraṇāgata kī bhrānti miṭāye pāpa tāpa santāpa haraṇa kī āratī śrī cinmaya sadguru kī āratī sadguru kī || 2 ||

At his feet peace is obtained and delusion about surrender is removed. This agrati is for Sadguru Chinmaya who removes the affliction of sin.

3. वेद उपनिषद् गीता को गाया धर्म सनातन फिर से जगाया शुद्ध नीति प्रीति शंकर की आरती श्री चिन्मय सद्गुरु की आरती सदुगुरु की ॥ ३॥

veda upaniṣad gītā ko gāyā dharma sanātana phira se jagāyā śuddha nīti prīti śaṅkara kī āratī śrī cinmaya sadguru kī āratī sadguru kī || 3 || He sang the Upanishads and Gita, rejuvenated the eternal Truth (Sanatana Dharma) and also the pure path dear to Shankaracharya. This aarati is for Sadguru Chinmaya.

4. सिद्धबाडि की तपो भूमि में नित्य विराजे गुरु हमारे भक्त हृदय आनन्द श्रोत की आरती श्री चिन्मय सद्गुरु की आरती सदुगुरु की॥ ४॥

siddhabāḍi kī tapo bhūmi me nitya virāje guru hamāre bhakta hradaya ānanda śrota kī āratī śrī cinmaya sadguru kī āratī sadguru kī | | 4 | |

Our Guru is ever gracefully presnt in the austere land, Siddhabari. This aarati is for Sadguru Chinmaya who generates joy in the devotee's heart.

 आरती श्री चिन्मय सद्गुरु की दिव्य रूप मूरति करुणा की

āratī śrī cinmaya sadguru kī divya rūpa mūrati karuņā kī

This agrati is for Sadguru Chinmaya who is the embodiment of divine compassion.



### The Aarti

Aarti means that which dispels darkness. The Aarti involves standing in front of the idol or a saint and waving a flame that is burning on a wick soaked in ghee in a circular fashion. An Aarti is done by itself or as part of the 16 step puja offering. It is a Hindu religious ritual in which a devotional hymn is sung along as an expression of love, devotion, gratitude and reverence. Normally, a musical instrument such as the bell also accompanies the singing. At the end of the Aarti, the person hovers their palms over the flame and touch them to their eyes and head with humility to receive blessings. The blessing offered by the Deity or saint through the flame is considered to be now passed on to the devotee. When the Aarti is done with full awareness, it imbibes purity of emotions and reverence in the heart of the devotee.

# वैदिक आरती vaidika āratī

> om rājādhirājāya prasahyasāhine | namo vayam vaiśravaṇāya kurmahe | sa me kāmān kāmakāmāya mahyam kāmeśvaro vaiśravaṇo dadātu | kuberāya vaiśravaṇāya mahārājāya namaḥ |

Om, may we salute the king of kings, forceful remover (of life) and the Lord of wealth. May the god of desire and Lord of wealth, give me wealth I cherish intensely. I salute him, the great king.

om na karmanā na prajayā dhanena tyāgenaike amrutatvamānaśuḥ parena nākam nihitam guhāyām vibhrājadetadyatayo viśanti | | vedāntavijnāna-suniścitārthāḥ sannyāsa yogādyatayaḥ śuddhasatvāḥ | te brahmalokeśuparāntakāle parāmṛtāt parimucyanti sarve | | dahram vipāpam parameśmabhūt.m yat puṇḍarīkam puramadhya saggastham | tatrāpi dahram gaganam viśokastasmin yadantastadupāsitavyam | | yo vedādau svaraḥ prokto vedānte ca pratiṣṭhitaḥ | tasya prakṛtilīnasya yaḥ paraḥ sa maheśvaraḥ | |

Not by action, nor by progeny or wealth, but by renunciation alone have people attained immortality. That which the self-controlled attain is beyond the heaven, yet it shines brilliantly in the intellect. Those who have firm understanding of the knowledge taught by Vedanta, who make proper effort through renunciation, who are of pure mind, they being themselves that which is immortal and supreme, are all totally liberated in Brahman at the time of dissolution of the body. In the city of the body is the small, sinless lotus of the heart, the intellect, which is the abode of the Supreme. There, in the intellect, Brahman that is free of all sorrow is to be meditated upon. Beyond the syllable OM that is uttered at the beginning of the Vedas, that is well-established in the Upanishads, and that is resolved in the causal principal (during meditation), is Brahman, the Supreme Lord.

na tatra suryo bhati na candratarakam nemā vidyuto bhanti kuto'yamagniḥ l tameva bhantamanubhati sarvam tasya bhasā sarvamidam vibhati

There the sun does not shine, nor does the moon, nor the stars There this lightening does not shine; what to talk of this fire? That alone is (ever) shining, all (else) shine after IT (Him reflecting His glory); By the light of THAT (alone), this whole world is illumined..

## ॐ श्री सद्गुरुनाथ महाराजकी जय

om śrī sadgurunātha mahārājakī jaya

Glories to the Venerable, Divine Guru of the Gurus

# श्रीगुरुस्तोत्रम्

# śrīgurustotram

अखण्ड-मण्डलाकारंakhaṇḍa-maṇḍalākāraṁव्याप्तं येन चराचरम्।vyāptaṁ yena carācaram ।तत्पदं दर्शितं येनtatpadaṁ darśitaṁ yenaतस्मै श्री गुरवे नमः ॥ १॥tasmai śrī gurave namaḥ ॥ 1 ॥ 1 ॥

Salutations are to that Guru who showed me the abode - the one who is to be known - whose form is the entire universe and by whom all the movables and immovables are pervaded/enveloped.

2.अज्ञान-तिमिरान्धस्यajñāna-timirāndhasyaज्ञानाञ्जन-शलाकया ।jñānāñjana-śalākayā |चक्षुरुन्मीलितं येनcakṣurunmīlitaṁ yenaतस्मे श्री गुरवे नमः ॥ २ ॥tasmai śrī gurave namaḥ ॥ 2 ॥

Salutations are to that Guru who opened the eye of one blind due to the darkness (cover) of ignorance with a needle coated with the ointment of knowledge.

गुरुर्बह्मा गुरुर्विष्णुःgururbrahmā gururviṣṇuaḥगुरुर्देवो महेश्वरः।gururdevo maheśvaraḥ |गुरुरेव परं ब्रह्मgurureva param brahmaतस्मे श्री गुरवे नमः ॥ ३॥tasmai śrī gurave namaḥ ॥ 3 ॥

Salutations are to that Guru who is the Creator, Sustainer and Destroyer, who is the Limitless One.

4.स्थावरं जङ्गमं व्याप्तंsthāvaram jangamam vyāptamयितकञ्चित् सचराचरम्।yatkiñcit sacarācaram ।तत्पदं दर्शातं येनtatpadam darśitam yenaतस्मै श्री गुरवे नमः ॥ ४॥tasmai śrī gurave namaḥ ॥ 4 ॥

Salutations are to that Guru who showed me the One to be known, who permeates whatever is movable, immovable, sentient or insentient.

5. चिन्मयं व्यापि यत्सर्वं cinmayam vyāpi yatsarvam त्रेलोक्यं सचराचरम्। trailokyam sacarācaram। तत्पदं दर्शतं येन tatpadam daršitam yena तस्मे श्री गुरवे नमः ॥ ५॥ tasmai śrī gurave namaḥ ॥ 5॥ Salutations are to that Guru who showed me the one to be known, who is the Awareness pervading the movable and immovable in the three worlds (waking, dream and deep sleep).

6.सर्व-श्रुति-शिरोरत्न-sarva-śruti-śiroratna-विराजित-पदाम्बुजः ।virājita-padāmbujaḥ |वेदान्ताम्बुज-सूर्यों यःvedāntāmbuja-sūryo yaḥतस्मै श्री गुरवे नमः ॥ ६॥tasmai śrī gurave namaḥ ॥ 6 ॥

Salutations are to that Guru who is the Sun to the lotus of Vedanta and whose lotus feet are made radiant by the jewel of the Shrutis (Upanishads).

7. चैतन्यः शाश्वतः शान्तः caitanyaḥ śāśvataḥ śāntaḥ vyomātīto nirañjanaḥ l bindu-nāda-kalātītaḥ तस्मे श्री गुरवे नमः ॥ ७॥ tasmai śrī gurave namaḥ ॥ ७॥

Salutations are to that Guru who is Awareness, changeless (beyond time), who is peace, beyond space, pure (free from likes & dislikes), and who is beyond the manifest & the unmanifest (Nada, Bindu, etc.).

हान-शक्ति-समारूढःjñāna-śakti-samārūḍhaḥतत्त्वमाला-विभूषितः।tattvamālā-vibhūṣitaḥ |भुक्ति-मुक्ति-प्रदाता चbhukti-mukti-pradātā caतस्मै श्री गुरवे नमः ॥ ८॥tasmai śrī gurave namaḥ || 8 ||

Salutations are to that Guru who is rooted in knowledge that is power, adorned with the garland of Truth and who is the bestower of the joy of liberation.

9. अनेक-जन्म-सम्प्राप्त- aneka-janma-samprāpta-कर्म-बन्ध-विदाहिने। karma-bandha-vidāhine। आत्मज्ञान-प्रदानेन ātmajñāna-pradānena तस्मे श्री गुरवे नमः ॥ ९॥ tasmai śrī gurave namaḥ ॥ 9॥

Salutations are to that Guru who by bestowing the knowledge of the Self, burns up the bondage created by accumulated actions of innumerable births.

10.शोषणं भव-सिन्धोश्चśoṣaṇaṁ bhava-sindhoścaज्ञापनं सार-सम्पदः।jñāpanaṁ sāra-sampadaḥ |गुरोः पादोदकं सम्यक्guroḥ pādodakaṁ samyakतस्मे श्री गुरवे नमः॥ १०॥tasmai śrī gurave namaḥ || 10 ||

Salutations are to that Guru who; the perennial flow of wisdom from the one rooted in the vision of the Shruti, dries up totally the ocean of transmigration (samsara) and reveals the essence of all wealth (the freedom from want).

11. न गुरोरिधकं तत्त्वंन गुरोरिधकं तपः।

na guroradhikam tattvam na guroradhikam tapaḥ |

तत्त्वज्ञानात् परं नास्ति तस्मे श्री गुरवे नमः ॥ ११ ॥

tattvajñānāt param nāsti tasmai śrī gurave namah || 11 ||

There is nothing superior to the knowledge of Truth; no Truth higher than the Truth, and there is no purifying austerity better than the Truth; salutations to that Guru.

12. मन्नाथः श्रीजगन्नाथः मद्गुरुः श्री जगद्गुरुः । मदात्मा सर्वभूतात्मा तस्मै श्री गुरवे नमः ॥ १२ ॥

mannāthaḥ śrījagannāthaḥ madguruḥ śrī jagadguruḥ | madātmā sarvabhūtātmā

tasmai śrī gurave namaḥ || 12 ||

Prostrations to that Guru who is my Lord and who is the Lord of the Universe, my teacher who is the teacher of the Universe, who is the Self in me and the Self in all beings.

13. गुरुरादिरनादिश्च गुरुः परमदैवतम्। गुरोः परतरं नास्ति

गुराः परतर नास्ति तस्मै श्री गुरवे नमः ॥ १३॥ gururādiranādiśca

guruḥ paramadaivatam | guroḥ parataram nāsti

tasmai śrī gurave namaḥ || 13 ||

Salutations are to that Guru who is the beginning and the beginningless, who is the highest deity and to whom there is none superior.

14. त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्च सखा त्वमेव । त्वमेव विद्या द्रविणं त्वमेव त्वमेव सर्वं मम देव देव ॥ १४ ॥

tvameva mātā ca pitā tvameva tvameva bandhuśca sakhā tvameva l tvameva vidyā draviņam tvameva

tvameva sarvam mama deva deva | | 14 | |

O God of all Gods, You alone are my mother, father, kinsman, friend, the knowledge and wealth. You are everything to me.

The average man looks up at night and sees thousands and thousands, of twinkling stars, each different from the others. But a man of wisdom and achievement perceives the one light, behind the dark dome of the night-sky, whose incandescence peeps at us, through all the holes in the night-dome!!

Swami Chinmayananda

#### **CHINMAYA MISSION PLEDGE**

We stand as one family, bound to each other with love and respect.

We serve as an army, courageous and disciplined, ever ready to fight against all low tendencies and false values, within and without us.

We live honestly, the noble life of sacrifice and service, producing more than what we consume, and giving more than what we take.

We seek the Lord's grace, to keep us on the path of virtue, courage and wisdom

May thy grace and Blessings flow through us to the world around us.

We believe that the service of our country is the service of the Lord of Lords and devotion to the people is the devotion to the supreme self

We know our responsibilities, Give us the ability and courage to fulfill them.

#### **OM TAT SAT**



Chinmaya Mission Austin
Chinmaya Sundaram
12825 BURNET ROAD
AUSTIN, TEXAS 78727
http://www.chinmayaaustin.org